Welcome to a sunny Week 6.
It has been great to see the number of school hats being worn during the day – the hat count competition is very close this term. Please remember that without a hat, children will need to stay in the shade during morning, recess and lunch play.

P&C Meeting
The next P&C meeting will be Tuesday 10th March. This meeting will also be the AGM. Everyone is welcome to attend the meeting.

BMPSSA District Swimming Carnival
Last Friday 18 students from Mount Riverview competed in various events at Glenbrook pool as part of the Blue Mountains PSSA District Swimming Carnival.

All of the students who competed did a wonderful job and were great sporting ambassadors for our school. The standout performance of the day went to Emilia McGoogan who placed 3rd overall in the 8yrs girls 50m freestyle.

The team on the day was:

- Emilia McGoogan
- Taneka Donnison
- Jessica McAlpine
- Phiala Burns
- Sierra Elshauer
- Lanie Jackson
- Ellise Donnison
- Charlotte Mackay
- Sara Nalos
- Blake McGing
- Jett Jackson
- Mason Walker
- Samuel McGoogan
- Patrick Dickson
- Kayleb Lewis
- Ethan McGing
- Darcy Holmes
- Phillip Doran

Mr Simone

Congratulations to:
- All students who represented our school at the District Swimming Carnival last Friday.
- The following students who have completed their Premier’s Reading Challenge:
  - Rhys Handley, Jacob Handley, Tyler Handley and Samuel McGoogan.

What’s Happening At Our School ……

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<tr>
<td>Tuesday 3rd March</td>
<td>NRMA Science &amp; Road Safety</td>
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<tr>
<td>Friday 6th March</td>
<td>T20 Intra-school Blast (primary)</td>
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<tr>
<th>WEEK 7</th>
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<tbody>
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<td>Tuesday 10th March</td>
<td>P&amp;C Meeting (incl. AGM) – 8pm</td>
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<tr>
<td>Thursday 12th March</td>
<td>Selective High School Test</td>
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<tr>
<td>Friday 13th March</td>
<td>P&amp;C Easter Mufti-Day</td>
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<th>WEEK 8</th>
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<tr>
<td>Monday 16th March</td>
<td>Regional Swimming Carnival</td>
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<td></td>
<td>Class Interviews for KM &amp; K/1D</td>
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<tr>
<td>17th &amp; 18th March</td>
<td>Peer Support Camp</td>
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<tr>
<td>Friday 20th March</td>
<td>Captains Assembly – 2pm</td>
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<tr>
<th>WEEK 9</th>
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<tr>
<td>Monday 23rd March</td>
<td>Young Leaders Day</td>
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<tr>
<td>Wednesday 25th March</td>
<td>School Photos</td>
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<td>Parent / Teacher Interviews</td>
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<td>Thursday 26th March</td>
<td>League Tag Gala Day (Yrs 3-6)</td>
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<table>
<thead>
<tr>
<th>WEEK 10</th>
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<tbody>
<tr>
<td>Monday 30/3 – 1/4</td>
<td>Life Education Van</td>
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<tr>
<td>Thursday 2nd April</td>
<td>Pedlars’ Parade</td>
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<td></td>
<td>End of Term 1</td>
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</table>

<table>
<thead>
<tr>
<th>TERM 2 – WEEK 1</th>
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<tr>
<td>Monday 20th April</td>
<td>Staff Return – Term 2</td>
</tr>
<tr>
<td>Tuesday 21st April</td>
<td>Students Return – Term 2</td>
</tr>
</tbody>
</table>

Thank you to:
- Mrs Finneran, Mrs McCoy and Mrs Clarke for their contribution to a promotional video for the school, it was greatly appreciated.
- Mr Simone for his organisation of the swimming team for the district carnival.
- All parents who were able to help out during the day at the district swimming carnival.
- All parents who were able to attend the CyberSmart Information evening.
Parent / Teacher Interviews
We will be conducting parent / teacher interviews on Wednesday 25th March from 3:30pm onwards. KM and K/1D will hold their interviews on Monday 16th March.

A note will be sent home this week with each child (separately to the newsletter) outlining the available interview times. On the sheet you will be asked to indicate 3 possible timeslots. Your child’s teacher will then timetable the class interviews and send a note home indicating you interview time.

If you are unable to make the date or times available and would like an interview with your child’s teacher, then please contact them to make alternative arrangements.

Milo T20 Blast Intra-School Cup
This Friday, 6th March, all primary students will be involved in the Milo T20 Blast Intra School Cup cricket gala day.

The event will commence after recess and run until the end of the day.

Cricket NSW will be coordinating the event in conjunction with our teachers.

The gala day will be on the school oval and students are asked to wear their full sports uniform. Parents are invited to come and watch their children participate during the day.

Mr Simone

P&C Election Day Stall & BBQ
As part of our fundraising efforts, we will be holding a cake stall in conjunction with a BBQ at the school on Election Day, Saturday 28 March.

We are asking for donations of cakes, slices, cookies and all sorts of scrumptious baked goods to sell. The donations would need to be dropped off at the office on Friday, 27 March and be wrapped in plastic and clearly labeled with the ingredients.

Alternatively, if anyone is available to volunteer their time to help on the cake stall or on the BBQ, your assistance would be greatly appreciated.

If you are able to contribute with a donation of something yummy to sell, please contact Amy Wilson on 0498 400 006 or amyw@jamiesonfoley.com.au.

If you are able to volunteer your time, please contact Mark Cheeseman on 0409 786 033 or mark@cheeseman.org.

Pedlars’ Parade
On Thursday, 2nd April 2015, we will be holding our annual Pedlars’ Parade. The parade will start at 11:00 am in the school hall.

All students are invited to participate in the parade. Students carry a decorated tray, basket or small box filled with goods or novelties to sell. Please don’t go to great expense and remember to price your items and label your tray/container if you wish to have it returned to you.

The students can come dressed in a costume appropriate to the theme of the goods that they are “selling” (eg. Captain Hook selling pirate patches, dress as a fairy and sell fairy wands) or a fun costume.

The children will parade in their class groups with their trays in the School Hall and following the parade each class will place their items at their own class stall under the C.O.L.A. Class teachers and parent volunteers sell the items.

The students are free to walk around and purchase items at the different stalls and so will need to bring some pocket money (or Mum, Dad, grandparents may need to bring their pocket money!). A small plastic or paper bag to help carry their purchases is also a good idea.

Everyone is welcome, so please come and join us, as it is always a memorable and enjoyable day for all and a wonderful fundraising activity.

School Photos
School photos have been booked for Wednesday 25th March.

The pre-printed envelopes have been sent home. It is very important that all children return these envelopes to school on our photo day, even if the payment is included in a sibling’s envelope. Family photo envelopes are available from the office. Unused envelopes should also be returned to school.

Cheques are to be made out to ‘The School Photographer’ No late orders can be accepted.

All students should wear correct summer uniform on the day.

Special Group photos for Captains & Vice-Captains, House Captains, Library Monitors, Special Services, Dance Groups, Choir, Band and Year 6 will also be taken on the day. These will then be on display at a later date and can be purchased at that time.
**Library News**

Very special congratulations to the three Handley boys, Tyler, Jacob and Rhys, for finishing the Premier’s Reading Challenge. Great hat trick boys! Well done also to Samuel McGoogan who finished his Premier’s Reading Challenge last week.

Bookclub forms were sent home this week. Payment can be made by cash, cheque or credit card made out to Scholastic Australia. Please ensure names and classes are on your order form. Orders are due in Friday of Week 7 (13th March).

Well done to 5/6S and 4/5B for their magnificent projects on Italy. They will be on display in the library shortly. They are very worthwhile looking at. What clever people we have at Mt Riv!!

Mrs Turner

**School Entry and Exits**

For safety reasons we ask that all students (and family members) enter and exit the school using one of the three pedestrian gates around the school. There are two on Rusden Road and one on Blackbutt Circuit. Entering and exiting the school via one of the carparks is not a safe practice as we have delivery vehicles using all three driveway entrances at various times each day.

Residents in Students Lane have also requested that people who park in the lane in the morning or afternoons please not park across driveways as residents use the lane to access their properties.

Finally, when crossing Rusden Road outside of the school please use the pedestrian crossing thereby setting a good example for all of our students.

**Scripture and Ethics Classes**

Scripture (SRE) classes have now been running for a couple of weeks.

Please remember that if you would like your children to change SRE groups, including non-scripture and ethics, that a note requesting the change needs to be sent into school.

At this stage we do not have ethics classes operating as we do not have a teacher or school coordinator. If you are interested in filling either of these roles, or know someone that would be suitable please talk to Mr Giles about what needs to be done. Until such time as we have ethics running once again, students who would normally be in these groups will remain in non-scripture.

**Anaphylaxis – a shared responsibility**

Being the start of a new school year it is just the right time to remind everyone about anaphylaxis and what we can do as a school community for the families that have to deal with this.

We now have several students at our school who have varying degrees of allergic reaction to nuts and mango in particular. Currently, our student reactions can range from mild allergies to severe reactions which can quickly become life-threatening. For one of our Kinder students (Ronan), it can occur simply by someone else who has eaten nuts or mango touching him – he doesn’t have to have eaten these foods to have a reaction.

For this reason we ask (as much as possible) that nuts and mangoes are not brought to school, which includes peanut butter, nut spreads (nutella), and nut bars. Both of these foods can also be included in the ingredients of other foods.

Obviously, being able to do this is sometimes difficult or at times simply forgotten. With this in mind we implement hygiene procedures at school to try and eliminate as much as possible the likelihood of an allergic reaction occurring.

The procedures taught to students at school are:

a) washing hands before and after eating;

b) washing hands at the end of each play period;

c) using the sanitising spray installed in the classrooms upon entering and leaving the room.

The inconvenience to some children is recognised and appreciated, but the consequences to children with anaphylaxis are extremely serious.

All members of our school community are asked to be aware of the dangers of even the slightest contact with nuts and/or mango for these children.

To help minimise the risk, simply washing hands and cleaning teeth before coming to school would really help.

If there are any questions please contact the office.
Visitors to the School

ALL visitors to the school are required to visit the office before going to one of our classrooms or contacting students in the playground.

If your child is arriving late or leaving early please remember to go to the office to receive an early leaving / arriving late slip which is then given to the teacher. If there are any questions then please contact the office.

Family Contact Details

At the beginning of each year we ask families to ensure that their contact details are accurate, which include email address and mobile numbers. Thank you to those families who have already updated their details.

Accurate information is extremely important in the event that we have to contact you regarding your child or in the event that we have to declare a catastrophic fire warning during bushfire season.

Financial Assistance Is Available

Throughout the year we have several extra-curricula activities that are held approximately at the same time and have a similar cost each year. Examples include camps, overnight excursions, text books, gymnastics program, swim school, etc.

For various reasons this may become an issue for families within our school. There are however a couple of ways to tackle this issue and to help lessen the burden many of our families feel, especially if they have more than one child at school.

The most popular option used in 2014, was to work out a payment plan with Mr Giles, spread across the desired number of weeks, covering all associated costs within that time frame. This option is becoming more popular because it spreads the costs out over easy fortnightly payments rather than having a few major costs at different points of the year.

If this sounds like something you would like to look into, or if parents require any assistance with school related expenses, please contact Mr Giles or your child’s class teacher. All enquiries are confidential.

Absent From School?

If you child is away from school a note explaining the reason of the absence is required to be sent to school within 7 days of them returning to school. If an absence remains unexplained after this period then a letter will be sent home asking for an explanation of the absence.

Changes have been made to the way extended family trips or holidays taken during the school term are recorded. From this year, a certificate of exemption is no longer issued for such trips and the days will be counted as absences. Obviously, special circumstances do arise from time to time and will be looked at when they occur.

If a student has high absenteeism during the school year a referral will be made to the Home School Liaison Officer.

If there are any questions regarding school attendance please contact Mr Giles.

School Voluntary Contributions

Each year the school asks families to consider paying the voluntary contribution if they are in a position to do so. Money raised with the voluntary contributions is used to help provide additional funding for programs that the school runs. Voluntary contributions for 2014 are $50 per student or $70 per
Lost A Copy Of A Past Educom Issue??
The EDUCOM is now delivered by email so it is very important that all families have an up-to-date email address in order to receive it.

However, if for some reason you need to get a copy of it there is always a copy on the school website – www.mtrivervie-p.schools.nsw.edu.au

If you are not receiving your fortnightly issue of the Educom please contact the office to determine why. It is important that our school news reaches you.

School Security, You Can Help
If parents or community members observe any destructive or suspicious behaviour in the school grounds please ring the School Security phone number listed below. All reports are treated discreetly; names do not have to be left with the operator.

School Security - 1300 880 021

Tennis at School Program
Mt Riverview Public

When - Thursday before School 8am
Where - (Multi purpose court)
How Much - $7.00 per session
* Each Student will be entitled to a FREE Hot Shots Tennis Australia T-Shirt
* Call 47212880 for more info or to register

DID YOU KNOW??
Under the Companion Animals Act 1998, No.87 (14.1.e), dogs are prohibited in school grounds (whether they are leashed or otherwise controlled).
For the safety of all students, toddlers, babies and adults, please do not bring dogs into the school grounds, even on leashes. Some children have a genuine fear and it can be quite distressing for them as well as for parents, particularly those with very young children. Thank you for your support in this matter.
Richard Giles … Principal

UWS PENRITH OBSERVATORY
Great Western Highway, Werrington North
(Building AO)

Family Astronomy Night
Saturday 14 March (8pm – 10pm)

Comets & the Icy Outer Solar System
Recent exciting space missions to icy bodies in our solar system have brought us more information about these remote and mysterious objects. We will discuss some of the findings for our distant dwarf planet neighbours and our comet cousins as well as what this means in the context of life on earth and in the solar system.

Saturday 28 March (8pm – 10pm)
Dads & Kids Night
Kids and dads also include grandfathers, kids and grandkids. So it is for everyone. Age is no barrier to spending an evening with the family and the stars.

These nights will include a multimedia presentation, a 3D astronomy movie and viewing of the night sky through the University’s 0.6 metre and 0.25 telescopes (weather permitting).

Cost: $18 adult, $12 child/concession & $50 family

Bookings essential:

Enquiries:
Phone: (02) 4736 0135
(Mon, Wed or Thurs)
or email: penrithobservatory@uws.edu.au
School Volunteers

At Mount Riverview we are very fortunate in the number of volunteer parents, grandparents and community members who volunteer their time to help the students at school in a variety of ways.

Anyone who is thinking of helping out at school will need to have completed a “working with children” form here at school unless they have a current form from 2014 in the office. When completing the form you will need to bring 100 points of identification. I have included a list of appropriate documentation below.

If you volunteer at multiple organisations then it may serve you better to do the working with children check at the link below. Along with what you have to do there you will also have to go to the RTA and do the identity check. Their website is http://www.kidsguardian.nsw.gov.au/

If you are not sure about which procedure you need to do then please see Mr Giles

Proof of Identity

Category 1 – 70 points
(Only ONE form of identification accepted from this category.)

- Birth Certificate/Birth Extract
- Australian Passport (Current, or expired within the previous two years, but not cancelled)
- Australian Citizenship Certificate
- International Passport (Current, or expired within the previous two years, but not cancelled)
- Other document of identity having same characteristics as a passport e.g. diplomatic/refugee (Photo or Signature)

Category 2 – 40 points
(More than one of the following documents may be counted. The initial document will score 40 points, and any additional documents will be awarded 25 points each.)

- Current Licence or Permit (Government Issued)
- Working With Children/Teachers Registration Card
- ASIC/MSIC Card
- Public Employee Photo ID Card (Government Issued)
- Department of Veterans’ Affairs Card
- Centrelink Pensioner Concession Card or Health Care Card
- Current Tertiary Education Institution Photo ID
- Reference from a Doctor (must have known the applicant for a period of at least 12 months)

Category 3 – 25 points
(More than one of the following documents may be counted; each will score 25 points.)

- Foreign/International Driver’s Licence
- Proof of Age Card (Government Issued)
- Medicare Card/Private Health Care Card
- Council Rates Notice
- Property Lease/Rental Agreement
- Property Insurance Papers
- Tax Declaration
- Superannuation Statement
- Seniors Card
- Electoral Roll Registration
- Motor Vehicle Registration or Insurance Documents
- Professional or Trade Association Card

To use more than one of the following documents, they must be from different organisations:

- Utility Bills (e.g. Telephone, Gas, Electricity, Water)
- Credit/Debit Card
- Bank Statement/Passbook

Special Category 4 – Aboriginal person or Torres Strait Islander resident in a remote area/community

- The applicant will meet the 100-point requirement if the applicant is an Aboriginal person or Torres Strait Islander resident in a remote area/community, and the identity of the applicant is verified by two persons recognised as ‘Community Leaders’ of the community to which the applicant belongs.

Special Category 5 – Person under the age of 18

A child will meet the 100-point requirement if his or her identity is verified from ONE of the following:

- Birth Certificate/Birth Extract;
- Australian Passport (current, or expired within the previous two years, but not cancelled);
- Australian Citizenship certificate;
- International Passport (current, or expired within the previous two years, but not cancelled);
- Other document of identity having same characteristics as a passport eg. diplomatic/refugee (Photo or Signature);

Or

A statement from an educational institution, signed by the principal or deputy principal, confirming that the child attends the institution (statement must be on the institution’s letterhead).
Well established Children art school since 1993

Clement Art School

email: clementartschool@hotmail.com

Tel: 0414435388

www.clementart.com.au

Epping, Hornsby, Chatswood, Burwood, Hurstville, Eastwood, Parramatta, Killara, Central, Castle Hill

Excellence, Opportunity, Care and Success
“Just what it sounds like … Locals coming together in a local club on a Sunday afternoon with great speakers, to talk Science!”

Come join us at:

Springwood Sports Club,
Macquarie Road Springwood
Sunday 8th March at 2.30pm
All welcome and it’s FREE!

**Science at the Local** consists of short and engaging presentations from leading scientists, with a healthy dose of Q&A and discussion!

Speakers scheduled for Sunday 8th March are:

* Dr Peter Rohde, Macquarie University’s Centre for Engineered Quantum Systems
  “Quantum Computing: How to secure your email from Schrödinger’s cat”

* John Siemen, Curator manager of the Australian Botanic Gardens
  “Seeding the Future: plant banking”

The world is an amazing place and there’s nothing like discovering something new and talking to people about it over a relaxed Sunday afternoon.

Science underpins so much in our society nowadays, from medicine to smart phones, the internet and natural disasters. *Science at the Local* is a practical way of improving scientific literacy for young and old, while bringing people together at the same time.

Come along and take advantage of this great, free opportunity to interact with world-class speakers, in a relaxed and friendly environment, close to home! Everyone is welcome!

**Springwood Sports Club**

8th March, 2015

For enquiries, call

Winmalee Neighbourhood Centre on 4754 4050 or
Springwood Neighbourhood Centre on 4751 3033
Bushwalkers

with Guides for kids by kids

EXPLORE THE BUSH

45 MIN CIRCUIT - EASY

WALK

LAGOON

GLENROOK

1KM LOOP TRACK

Max Baray-Lamie
Sophie Angus, Marley, Emily
Ruby Laidlaw, Samantha, Chan
Phillip Laidlaw, Mika, Charles, Phoebe
Daryl & Michelle Harrison, Dillan, Abigail
Jennine Rayment, Charles, Lawson, Some
Marina Allcock, Bridie, Frank, Louis, Sara
Louise Cameron, Wind, Cameron, Alyx
Tom Cameron, Helen, Cameron, Guy
Alex Wood, Beulah, Oliver, Lachlan, Rowan

AMBER LAKES
Lakes, Rockholes, Tranquil Lagoons
Diverse Flora & Fauna

EXPERIENCED IN NOVEMBER 2014

Thanks to Glenrock and Mt. Annear

Support and Funding

Project Partners for

EcoSmart Communities

Glenrock

maintained by

discovery Walks and Tours

Mt Annear

maintained by

discovery Walks and Tours

discovery Walks and Tours
MINIMAL IMPACT BUSH TRACKING

BUSH TRACKER SAFETY

Fences:
- Don't go near cliff edges and stay behind safety
- Where you're walking and when you climb
- Ask permission from an adult and let them know
- Know your track and take your map
- Safe bush trackers are prepared and

WHAT TO BRING IN YOUR BACKPACK

- Easy Grade • 45 mins circuit
- Glenbrook Lagoon Walk • 1km
- A small first aid kit could be useful
- Endurod walking shoes
- A swag or sleeping bag
- Snacks
- Water
- Camera
- Small torch
- Plastic bag for rubbish
- Warm clothes in winter
- A raincoat
- Plenty of snacks
- A bottle of water
LET’S TALK...
GRANDPARENTING
WITH KATHIE O’CONNOR

Please be welcomed to join in conversation with Kathie O’Connor, Children’s Play Therapist and GRANDPARENT!

This will be a chance to get together (in an informal space) with others to discuss and share the rewards and challenges of being a grandparent.

*FREE

WHEN: Wednesday, March 18
WHERE: ENRICH, 14 Oak St, Katoomba
TIME: 11am-12.30pm (morning tea will be provided)

To book please call ENRICH on 47 82 5326 or email Kathie at kathie.oconnor@connect.asn.au
Nepean Creative and Performing Arts High School

Open Night

Tuesday

17 March 2015

5 p.m. - 7 p.m.

student performances  school tours  open classrooms  displays

115-119 Great Western Highway  Emu Plains  2750
www.nepean-h.schools.nsw.edu.au
Email: nepean-h.school@det.nsw.edu.au
Phone: 4728 7200
Fax: 4735 6141
Enrolments Now.

Workshop Piano Academy Pre-School Music Classes

Listening & Music Appreciation

Percussion Instruments

Solfège

Craft Activities

Stories

Games

Songs

Our Classes Feature

Cost $25 for an individual class.

School age children.

Are a one year program for pre-

Are one hour duration

Include six to twelve children.

Cushions environment that encourages environment

Create a relaxed, friendly and enjoyable

and parental involvement

of music through imaginative play

Impart the fundamental principles

Encourage the love of great music

Note

is required.

Activities: No previous training/knowledge

and willing to participate with the child in.

Each child must be accompanied by a par-
## Gateway Family Service Parent Group Program Term 1, 2015

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<tr>
<th>Date &amp; Time</th>
<th>Location</th>
<th>Registration</th>
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<tr>
<td><strong>Circle Of Security For Dads</strong></td>
<td>6 sessions running from 17th Feb-24th of March 7-8.30pm</td>
<td>Blackheath Neighbourhood Centre</td>
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<tr>
<td><strong>Resilience Doughnut</strong></td>
<td>Held on the 25th of March 9.30am-11.30am</td>
<td>Blackheath Neighbourhood Centre</td>
</tr>
<tr>
<td><strong>Resilience Doughnut</strong></td>
<td>Held on the 18th of March 12.30-2.30pm</td>
<td>Mt Victoria Venue TBA</td>
</tr>
<tr>
<td><strong>Resilience Doughnut</strong></td>
<td>Held on March 19th 6pm-8pm</td>
<td>Blackheath Neighbourhood Centre</td>
</tr>
<tr>
<td><strong>Let’s talk Grandparenting</strong></td>
<td>Held on March 19th 11am-12.30pm</td>
<td>ENRICH 14 Oak St Katoomba</td>
</tr>
<tr>
<td><strong>Let’s Talk- The Strong Willed &amp; Sensitive Child</strong></td>
<td>3 sessions - 19th &amp; 26th Feb &amp; 5th of March 9:30-12pm</td>
<td>Heatherbrae 6 Benang St St Lawson</td>
</tr>
<tr>
<td><strong>Circle Of Security</strong></td>
<td>6 sessions running from 17th Feb to the 24th March 9:30am-11am</td>
<td>Blaxland UC Hall 72 Old Bathurst Rd Blaxland</td>
</tr>
<tr>
<td><strong>Parenting teen and pre-teen Daughters</strong></td>
<td>TBC</td>
<td>TBC</td>
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</tbody>
</table>

For more information and individual flyers go to: www.gatewayfamilyservices.org.au or www.facebook.com/GatewayFS
Gateway Family services Parent Group Program is funded by DSS & NSW FACS
Gateway works collaboratively with communities from ST Marys to Blackheath
Thanks to MMM for providing childcare to Daytime groups
Award winning feminine empowerment coach Shemiran Ibrahim presents a free workshop around this year’s International Women’s Day theme “Make it Happen”. This workshop will cover the basics of personal power as a woman in business, that becomes the foundation upon which you can ‘make it happen’ for you in a more balanced, easeful and joyful way on a day to day basis! Body awareness is key to connecting with your feminine power, and Shemiran will also facilitate a fun intro to the healing dance of Middle Eastern women that helps you embody the principles taught on the day. Bring a scarf to wrap around your hips!

Spaces limited. Light supper provided.
Bookings essential. Call 4754 4050 to reserve your space.

Hosted for the community by:
Winmalee Neighbourhood Centre Inc.
62 White Cross Road, Winmalee NSW 2777
“Make it Happen” Workshop

Monday 9th March 2015 . 10am – 12.30pm
Winmalee Neighbourhood Centre

Award winning feminine empowerment coach Shemiran Ibrahim presents a free workshop around this year’s International Women’s Day theme “Make it Happen”. This workshop will cover the basics of personal power as a woman, that becomes the foundation upon which you can create anything in your life and ‘make it happen’ for you in a more balanced, easeful and joyful way on a day to day basis!

Body awareness is key to connecting with your feminine power, and Shemiran will also facilitate a fun intro to the healing dance of Middle Eastern women that helps you embody the principles taught on the day. Bring a scarf to wrap around your hips!

Spaces limited. Morning tea & Childcare provided.
Bookings essential. Call 4754 4050 to reserve your space.

Hosted for the community by:
Winmalee Neighbourhood Centre Inc.
62 White Cross Road, Winmalee NSW 2777